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## Progress Note

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Client name: John Doe                      Date: 09-10-2010  
Therapist: C. Lack                          CPT Code: 90806

Identifying Information: John Doe is a 6 year old Caucasian male, brought in by his adopted parents (biological grandparents) for multiple behavioral concerns, including a number of autistic and obsessive-compulsive symptoms and disruptive behavior.

Relevant History: John's parents attended session alone today. Session focused on aspects of John's social awkwardness and possible ways to address those. Given his penchant for mimicking the behaviors and actions of others (particularly his father) and things he sees on TV, a plan was developed to spend time shaping his behavior using social learning principles. His parents are also going to help him identify things that are real versus fiction (TV, books, movies), as this differentiation is something that John struggles with quite often.

Medications: None

Examination: Father reports a decrease in negative behaviors since school has started, although the mother reports not seeing this. Parents did appear more upbeat and positive than in prior sessions.

Assessment: John appears to be struggling with a combination of high-functioning autism and obsessive-compulsive symptoms, compounded by lack of consistent parenting and reinforcing of negative behaviors.

Diagnosis: Rule out Autistic Disorder and Obsessive-Compulsive Disorder

Treatment Plan: Parents were to consistently model appropriate social behaviors, as well as explore the use of Social Stories to help John in adjusting his behavior. Next session will focus on continued behavioral management techniques and modeling of appropriate social skills.

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