# OCI-R

The following statements refer to experiences that many people have in their everyday lives.  Circle the number that best describes **HOW MUCH** that experience has **DISTRESSED or BOTHERED you during the PAST MONTH.** The numbers refer to the following verbal labels:

| 0 | 1 | 2 | 3 | 4 |
|---|---|---|---|---|
| Not at all | A little | Moderately | A lot | Extremely |

| | | |
|---|---|---|
| 1. | I have saved up so many things that they get in the way. | 0 1 2 3 4 |
| 2. | I check things more often than necessary. | 0 1 2 3 4 |
| 3. | I get upset if objects are not arranged properly. | 0 1 2 3 4 |
| 4. | I feel compelled to count while I am doing things. | 0 1 2 3 4 |
| 5. | I find it difficult to touch an object when I know it has been touched by strangers or certain people. | 0 1 2 3 4 |
| 6. | I find it difficult to control my own thoughts. | 0 1 2 3 4 |
| 7. | I collect things I don't need. | 0 1 2 3 4 |
| 8. | I repeatedly check doors, windows, drawers, etc. | 0 1 2 3 4 |
| 9. | I get upset if others change the way I have arranged things. | 0 1 2 3 4 |
| 10. | I feel I have to repeat certain numbers. | 0 1 2 3 4 |
| 11. | I sometimes have to wash or clean myself simply because I feel contaminated. | 0 1 2 3 4 |
| 12. | I am upset by unpleasant thoughts that come into my mind against my will. | 0 1 2 3 4 |
| 13. | I avoid throwing things away because I am afraid I might need them later. | 0 1 2 3 4 |
| 14. | I repeatedly check gas and water taps and light switches after turning them off. | 0 1 2 3 4 |
| 15. | I need things to be arranged in a particular way. | 0 1 2 3 4 |
| 16. | I feel that there are good and bad numbers. | 0 1 2 3 4 |
| 17. | I wash my hands more often and longer than necessary. | 0 1 2 3 4 |
| 18. | I frequently get nasty thoughts and have difficulty in getting rid of them. | 0 1 2 3 4 |

# Obsessive-Compulsive Inventory – Revised (OCI-R)

## Administration & Scoring

The OCI-R is a short version of the OCD (Foa, Kozak, Salkovskis, Coles, & Amir, 1998) and is a self-report scale for assessing symptoms of Obsessive-Compulsive Disorder (OCD). It consists of 18 questions that a person endorses on a 5-point Likert scale.

Scores are generated by adding the item scores. The possible range of scores is 0-72. Mean score for persons with OCD is 28.0 (*SD* = 13.53). Recommended cutoff score is 21, with scores at or above this level indicating the likely presence of OCD.

Reference:

Foa, E.B., Huppert, J.D., Leiberg, S., Hajcak, G., Langner, R., et al. (2002). The Obsessive-Compulsive Inventory: Development and validation of a short version. *Psychological Assessment, 14,* 485-496.