

Obsessive-Compulsive & Related Disorders

PSY 4960/5960

Intercession Rules

- We start promptly at 8 am, do not be late
- We will have breaks every 1.5 hours or so[
- You will return promptly from breaks
- We will break for lunch for at least an hour each day

Intercession Info

- All materials are on my website
 - Syllabi
 - Supplemental readings
 - Lecture notes
- I will give you a packet containing all of the homework forms

Syllabus Time!

Introduction to the Obsessive-Compulsive and Related Disorders

Operational Definitions

- Like love, beauty, truth, wealth, and so many other things, “mental” disorders are a...

SOCIAL CONSTRUCTION

- This does *not* rob them of their importance

Psychiatric Disorders

- A behavioral or psychological syndrome/pattern that occurs in an individual
- Reflects an underlying psychobiological dysfunction
- Consequences are clinically significant distress or disability
- Not an expectable response to common stressors/losses or a culturally sanctioned response to a particular event
- Not primarily a result of social deviance or conflicts with society

Stein et al. (2010)





Psychiatric Disorders

- Have diagnostic validity and clinical utility
- No definition perfectly specifies precise boundaries for the concept of either "medical disorder" or "mental/psychiatric disorder"
- Diagnostic validators and clinical utility should help differentiate a disorder from diagnostic "nearest neighbors"

Stein et al. (2010)

Major Changes in the DSM-5

- The fifth edition of the DSM included a new chapter titled "Obsessive-Compulsive and Related Disorders"
- Pulled together both diagnoses from multiple previous categories and new diagnoses

	Obsessive-Compulsive Disorder • Formerly in Anxiety Disorders
	Body Dysmorphic Disorder • Formerly in Somatoform Disorders
	Hoarding Disorder Excoriation (skin-picking) • New disorders
	Trichotillomania (Hair-pulling) • Formerly in Impulse Control Disorders

OC&R Disorders

- Somewhat controversial, but reorganized for two primary reasons
 - 1) to reflect the increasing evidence of these disorders' relatedness to one another and distinction from other anxiety disorders
 - 2) to help clinicians better identify and treat individuals suffering from these disorders
- Chapter is placed next to Anxiety Disorders to reflect similarities and overlap between them

OC&R Disorders

- All have features in common such as an obsessive preoccupation and repetitive behaviors
- They have enough similarities to group them together in the same diagnostic classification
- But also, have enough important differences between them to exist as distinct disorders

OCRD HW #1

- Now, you will complete and score various symptom scales for the OCRDs
 - Appearance Anxiety Inventory for BDD
 - OCI-R for OCD
 - Savings Inventory, Revised for Hoarding
 - MIST-A and MGHS for Trich
 - DLQI and SPS for Excoriation
 - YGTSS for tics
